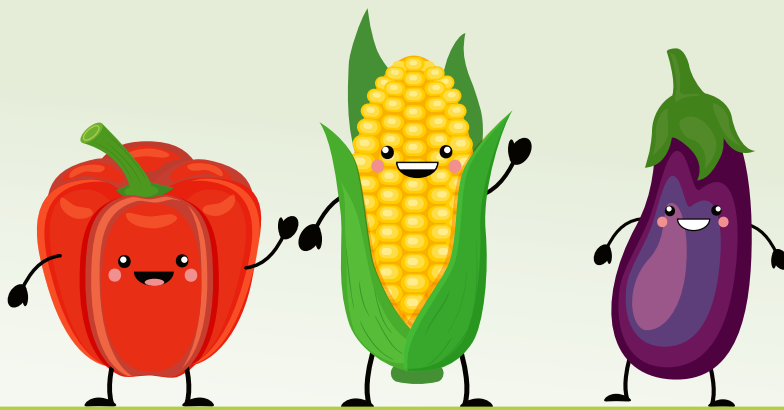


Adventure Nutrition



nutriCARD
KOMPETENZKLUSTER für ERNÄHRUNG
und KARDIOVASKULÄRE GESUNDHEIT

Schulkalder kids go on expedition



for free!
for all kids
between 6 - 11 years





In „Adventure Nutrition“ we invite kids to an expedition around food, animals and healthy eating. Playfully and age-based, the kids learn facts about nutrition, they visit local food producers and cook together with nutrition experts. The kids will be equipped with broad knowledge on healthy nutrition and why this does not need to be expensive.



We teach the little ones that nutrition is a festival for the senses and that a well-balanced diet is important for the body. The course finalizes in a book with beloved (family) cooking recipes, games and suggestions, as well as artworks from the kids. At the end each participant will receive prizes.

The project addresses preschool and primary school pupils (6 till 11 years).

Time: always 2 – 6 pm, including shuttle service.

Registration

via e-mail to nutricard@uni-jena.de or hand in the completed flyer at: Evang. Dekanat Schmalkalden, Weidebrunner Tor 7, 98574 Schmalkalden



Group 1

23. May
24. May
25. May
30. May
31. May
1. June
13. June
14. June



Group 2

20. June
21. June
22. June
27. June
28. June
29. June
4. July
5. July

Name, given name (of the participant)

Age (of the participant)

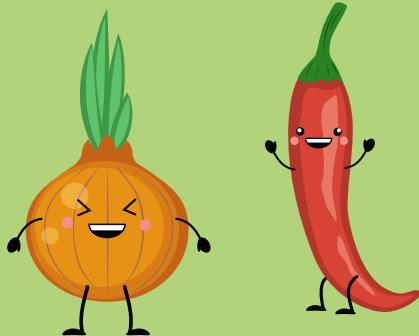
Kindergarden / School

Language(s)

Name, given name (of the parents / guardians)

E-mail

Telephone number



„Adventure Nutrition“ is a cooperation project of Tafel Schmalkalden, University of Jena / nutriCARD, German Nutrition Society (DGE Sektion Thuringia) and local partners: LandGUT Genuss GmbH, Viba Sweets GmbH, Archehof Steffen Eck

Contact:

Dr. Betty Hebecker
nutricard@uni-jena.de
Tel.: +49 3641.949715